Scottish Vocational Qualification 3

Social Services and Healthcare at SCQF level 7

Awarded by	Scottish Qualifications Authority
Accredited from	2 October 2013 to 31 January 2019
Group Award number	GH60 23

Standards

The standards, assessment strategy and award structures are owned by Skills for Care and Development (of which the Scottish Social Services Council are partners) and Skills for Health.

Codes

The first code before the Unit title (six digits) indicates the SQA Unit code, which should be used when registering candidates for this Unit with SQA. This code should also be used when contacting SQA to discuss any queries related to the Unit.

The code in brackets indicates the National Occupational Standards Unit code. This code is abbreviated to just the number at the end, which is in bold, when being referenced by candidates in their work, eg SCDHSC 0031 is referred to as 31.

Structure of the SVQ

To achieve the SVQ level 3, candidates are required to complete **eight** Units. **Four** core/mandatory Units plus f**our** optional Units

(Please note that in this qualification there are no elements in each Unit — instead there is a continuous list of Performance Criteria that need to be evidenced. These Performance Criteria are grouped under separate headings to aid the assessment planning process.)

Registration

For registration purposes the Scottish Social Services Council (SSSC) require the completion of all FOUR core Units and FOUR optional Units.

SCQF Credits and levelling

SCQF Overall credit — Minimum 69 and Maximum 84 SCQF level 7

Core/mandatory Units — Complete all four Units

H5RY 04 (SCDHSC 0031) — 9 SCQF Credits at SCQF level 7

Promote effective communication

- Establish understanding about individuals' communication
- ♦ Support individuals to interact through communication
- Communicate effectively about difficult, complex and sensitive issues
- Communicate using records and reports

H5LD 04 (SCDHSC0032) — 10 SCQF Credits at SCQF level 7

Promote health, safety and security in the work setting

- Maintain health, safety and security in the work setting
- Promote health and safety in the work setting
- Minimise risks arising from emergencies

H5LE 04 (SCDHSC0033) — 9 SCQF Credits at SCQF level 7 Develop your practice through reflection and learning

- Reflect on your own practice
- ◆ Take action to enhance your practice

H5S0 04 (SCDHSC0035) — 9 SCQF Credits at SCQF level 7

Promote the safeguarding of Individuals

- Maintain your understanding and awareness of harm, abuse and safeguarding
- Implement practices that help to safeguard individuals from harm or abuse
- Develop relationships that promote safeguarding
- Promote rights and inclusion
- Work in ways that promote wellbeing
- Support individuals to keep themselves safe

Optional Units — Choose four Units

H5S1 04 (SCDHSC0328) — 8 SCQF Credits at SCQF level 7

Contribute to the planning process with individuals

- Contribute to assessing the preferences and needs of individuals
- Support the development of care or support plans
- Support the implementation of care or support plans
- ◆ Contribute to reviewing care or support plans

H5S2 04 (SCDHSC0329) — 9 SCQF Credits at SCQF level 7

Support individuals to plan, monitor and review the delivery of services

- Support individuals to plan the delivery of services
- Support individuals to monitor the delivery of services
- Support individuals to review the delivery of services

H5S3 04 (SCDHSC0330) — 9 SCQF Credits at SCQF level 7

Support individuals to access and use services and facilities

- Support individuals to identify services and facilities they need
- Enable individuals to use services and facilities
- Enable individuals to evaluate services and facilities used

H5S4 04 (SCDHSC0331) — 9 SCQF Credits at SCQF level 7

Support individuals to develop and maintain social networks and relationships

- Support individuals to identify their preferences and needs in respect of social networks and relationships
- Support individuals to develop new social networks and relationships
- Support individuals to maintain supportive relationships
- Support individuals to maintain their safety and wellbeing within relationships

H5S5 04 (SCDHSC0332) — 10 SCQF Credits at SCQF level 7

Promote individuals' positive self-esteem and sense of identity

- Support individuals to identify their strengths and needs relating to self esteem and identity
- Support individuals to develop more positive self esteem and self image
- Work with individuals to evaluate support for developing positive self esteem and sense of identity

H5S6 04 (SCDHSC0333) — 10 SCQF Credits at SCQF level 7

Prepare your family and networks to support individuals in your own home

- Use information to prepare yourself, your family and your wider networks for providing a home for individuals
- Evaluate you own home situation and the care you are able to offer to individuals
- Develop skills and knowledge to provide a home for individuals

H5S7 04 (SCDHSC0334) — 9 SCQF Credits at SCQF level 7

Provide a home and family environment for individuals requiring care and support

- ♦ Welcome the individual into your home
- Support the individual to settle into your home
- Explore the needs, background and experiences of the individual and the impact of these on family life
- Support your own family and other key people to accept, support and adjust to family life with the individual
- Support the individual to thrive whilst living in your home
- Evaluate the placement of the individual in your home

H5S8 04 (SCDHSC0335) — 11 SCQF Credits at SCQF level 8

Contribute to the support of individuals who have experienced harm or abuse

- Take actions where there are concerns that individuals are at risk of harm or abuse
- Support individuals who disclose harm or abuse
- Support individuals who have experienced harm or abuse

H5ME 04 (SCDHSC0336) — 10 SCQF Credits at SCQF level 8

Promote positive behaviour

- Work with individuals to understand the reasons for and consequences of their behaviour
- Implement proactive strategies to promote positive behaviour
- ♦ Manage incidents of challenging behaviour
- Review incidents of challenging behaviour

H5SA 04 (SCDHSC0343) — 9 SCQF Credits at SCQF level 7

Support individuals to live at home

- Support individuals to develop their personal resources for living at home
- Work with individuals to access additional support and resources
- Work with individuals to review support enabling them to live at home

H5SB 04 (SCDHSC0344) — 10 SCQF Credits at SCQF level 7

Support individuals to retain, regain and develop skills to manage their daily living

- Support individuals to identify the skills they need to manage their day to day living
- Support individuals to retain, regain and develop the skills identified
- Support individuals to review and continually develop skills for managing their day to day living

H5SC 04 (SCDHSC0345) — 10 SCQF Credits at SCQF level 7

Support individuals to manage their financial affairs

- ♦ Work with individuals to access information and advice about their financial affairs
- Support individuals to manage their financial affairs

H5SE 04 (SCDHSC0346) — 9 SCQF Credits at SCQF level 7

Support individuals to manage direct payments

- Work with individuals to access information and advice about direct payments
- Support individuals to access direct payments
- Support individuals to manage their use of direct payments

H5SF 04 (SCDHSC0347) — 9 SCQF Credits at SCQF level 7

Support individuals to access employment

- ♦ Work with individuals to identify their preferences and needs about employment
- Support individuals to investigate employment vacancies
- Support individuals to prepare for employment interviews and work

H5SG 04 (SCDHSC0348) — 9 SCQF Credits at SCQF level 7

Support individuals to access learning, training and development opportunities

- Work with individuals to identify their preferences and needs about opportunities for them to learn and develop
- Support individuals to investigate learning, training and development opportunities
- Support individuals to prepare for learning, training and development opportunities

H5SH 04 (SCDHSC0349) — 9 SCQF Credits at SCQF level 7

Support individuals to access housing and accommodation services

- Support individuals to identify suitable housing and accommodation services
- Support individuals to access housing and accommodation services
- Support housing and accommodation services to meet the needs of individuals
- Work together to monitor housing and accommodation services

H5SJ 04 (SCDHSC0350) — 8 SCQF Credits at SCQF level 7

Support the spiritual wellbeing of individuals

- Identify ways to support individuals' spiritual wellbeing
- Provide opportunities that facilitate and support spiritual wellbeing
- Evaluate work that relates to spiritual wellbeing

H5SK 04 (SCDHSC0351) — 9 SCQF Credits at SCQF level 7

Implement development activities to meet individuals' goals preferences and needs

- Plan development activities to meet individuals' goals, needs and preferences
- Implement development activities with individuals
- Evaluate the effectiveness of development activities

H5SL 04 (SCDHSC0352) — 9 SCQF Credits at SCQF level 7

Support individuals to continue therapies

- Work with individuals and therapists to agree how therapies will be supported to continue
- Support individuals to complete activities identified by therapists
- Contribute to evaluating the effects of therapies on individuals

H5SM 04 (SCDHSC0356) — 10 SCQF Credits at SCQF level 7

Support individuals to deal with relationship problems

- Support individuals to assess problems within their relationships
- Support individuals to overcome relationship problems
- Work with individuals to evaluate relationship issues, problems and support

H5SN 04 (SCDHSC0366) — 10 SCQF Credits at SCQF level 7

Support individuals to represent their own wishes and needs at decisionmaking events

- Support individuals to access information to enable them to present their own wishes and needs
- Support individuals to plan, prepare and present their needs and wishes
- Support individuals to review outcomes and experiences

H5SP 04 (SCDHSC0367) — 10 SCQF Credits at SCQF level 7

Support individuals to access independent representation and advocacy

- Support individuals to identify their representational needs
- Support individuals to select independent representation and advocacy
- Support individuals to evaluate the independent representation and advocacy

H5SR 04 (SCDHSC0368) — 9 SCQF Credits at SCQF level 8

Present individuals' preferences and needs

- Identify with individuals the preferences and needs they want you to present
- Act with and behalf of individuals to present their preferences and needs
- Support individuals to review the effectiveness of the representation

H5SS 04 (SCDHSC0369) — 10 SCQF Credits at SCQF level 7

Support individuals with specific communication needs

- Identify individuals' communication preferences and needs
- Support individuals to interact through communication
- ♦ Monitor individuals' communication needs

H5ST 04 (SCDHSC0370) — 8 SCQF Credits at SCQF level 7

Support the use of technological aids to promote independence

- Support individuals to identify technological aids that will help promote their independence
- Support the use of technological aids
- Contribute to evaluating the use of technological aids

H5SV 04 (SCDHSC0371) — 9 SCQF Credits at SCQF level 7

Support individuals to communicate using interpreting and translation services

- Arrange interpreting and translation services to meet the individual's requirements
- Support communication through interpreters
- Support those involved to evaluate the quality of outcomes and the effectiveness of the service

H5SW 04 (SCDHSC0372) — 11 SCQF Credits at SCQF level 8

Develop programmes to enable individuals to find their way around environments

- Assess individuals' capacity to find their way around environments
- Develop programmes to support individuals in finding their way around environments
- Implement programmes to support individuals in finding their way around environments
- Review the effectiveness of programmes to meet planned outcomes

H5SX 04 (SCDHSC0382) — 9 SCQF Credits at SCQF level 7

Support individuals to manage change in their lives

- Support individuals to prepare to manage change
- Support individuals and key people to manage change
- Support individuals to review the methods they have used to manage change

H5SY 04 (SCDHSC0383) — 9 SCQF Credits at SCQF level 7

Support individuals to move into new living environments

- Support individuals to prepare to move into new living environments
- Support individuals to settle into their new living environment
- Support individuals to review the impact of their new environment on their wellbeing

H5T0 04 (SCDHSC0384) — 8 SCQF Credits at SCQF level 7

Support individuals through bereavement

- Support individuals when they learn of a bereavement
- Support individuals during bereavement
- Support individuals to manage changes following bereavement

H5T1 04 (SCDHSC0385) — 10 SCQF Credits at SCQF level 7

Support individuals at the end of life

- Provide support to prepare individuals for the end of life
- Support individuals to plan for the end of life
- Support individuals through the process of dying
- Take action immediately following the death of individuals

H5T2 04 (SCDHSC0386 AG3) - 8 SCQF Credits at SCQF level 6

Assist in the transfer of individuals between agencies and services

- Support individuals as they prepare for transfer
- Make agency preparation for individuals' transfer
- Provide support and supervision during transfer

H5T3 04 (SCDHSC0387) — 9 SCQF Credits at SCQF level 7

Work in partnership with carers to support individuals

- Work as partners with carers
- Work with carers to identify their preferences and needs in relation to their own support
- Work with carers to access resources, services and facilities
- Work with carers and individuals to review partnership work and support for the carers' wellbeing

H5T4 04 (SCDHSC0389) — 9 SCQF Credits at SCQF level 7

Work with carers, families and key people to maintain contact with individuals

- Support individuals to identify relationships that are important to them
- Work with carers, families and key people to maintain their relationships with individuals
- Support carers, families and key people when in contact with individuals

H5T5 04 (SCDHSC0390) — 7 SCQF Credits at SCQF level 8

Support families in maintaining relationships in their wider social structures and environments

- Promote the use of community services by the families of individuals
- Support families to maintain social contacts

H5T7 04 (SFJCJ EA1) — 12 SCQF Credits at SCQF level 7 Obtain information from offenders regarding their behaviour

- Prepare for a discussion with the individual
- Obtain and verify information about the individual's offending behaviour
- Obtain information from individuals about their offending behaviour
- Close discussions and record information regarding individuals

F29J 04 (and SFJCJ EC4) — 13 SCQF Credits at SCQF level 6 Prepare, implement and evaluate group activities

- Plan and prepare agreed group activities
- Support individuals through group activities
- Evaluate agreed group activities with other members of the team

H5T8 04 (SFJ EB5) — 11 SCQF Credits at SCQF level 6 Supervise and enforce interventions in the community

- Assist in supervising individuals' participation in interventions within the community
- ♦ Monitor compliance and address issues of non-compliance with interventions

H5T9 04 (SCDHSC0393) — 10 SCQF Credits at SCQF level 7 Promote participation in agreed therapeutic group activities

- Plan agreed therapeutic group activities to ensure participation
- Promote individuals' participation in agreed therapeutic group activities
- Evaluate agreed therapeutic group activities

H5TA 04 (SCDHSC0394) — 9 SCQF Credits at SCQF level 7 Contribute to the provision of support groups

- Contribute to the promotion of existing support groups
- Contribute to forming groups to support individual needs
- Contribute to the running and evaluation of support groups

H5TB 04 (SCDHSC0395) — 10 SCQF Credits at SCQF level 8

Contribute to addressing situations where there is risk of danger, harm or abuse

- ♦ Contribute to assessing situations where there is risk of danger, harm or abuse
- ♦ Contribute to minimising the immediate risk of danger, harm or abuse
- Contribute to reviewing situations and actions after immediate risk has passed

H5TC 04 (SFHM H27) — 10 SCQF Credits at SCQF level 8 Reinforce positive behavioural goals during relationships with individuals

H5TD 04 (SCDHSC0398) — 11 SCQF Credits at SCQF level 7 Support individuals with programmes to promote positive behaviour

- Contribute to assessing the needs of individuals for programmes to promote positive behaviour
- Contribute to planning programmes to promote positive behaviour
- Provide support during programmes to promote positive behaviour
- ♦ Contribute to reviewing programmes to promote positive behaviour

H5TE 04 (SCDHSC0399) — 9 SCQF Credits at SCQF level 7 Maintain effective working relationships with staff in other agencies

- ♦ Develop effective working relationships with staff in other agencies
- Sustain effective working relationships with staff in other agencies

H5TF 04 (SCDHSC03100) — 10 SCQF Credits at SCQF level 7 Participate in inter-disciplinary team working to support individuals

- Participate in inter disciplinary teams to support individuals to assess their preferences and needs
- Participate in inter disciplinary teams to support individuals in planning and implementing personalized care or support packages
- Participate in inter disciplinary teams to evaluate personalised care or support packages

H5TG 04 (SCDHSC03101) — 10 SCQF Credits at SCQF level 8 Support the development of community networks and partnerships

- Identify areas where community networks and partnerships could inform and support practice
- Bring together relevant people and organisations to be involved in community networks and partnerships
- Contribute to running and evaluating community networks and partnerships

H5TH 04 (SCDHSC03102) — 9 SCQF Credits at SCQF level 8

Work with community networks and partnerships

- Identify the potential for being involved in community networks
- Participate effectively as a member of community networks
- Provide information to inform the practice of networks

H5TJ 04 (SCDHSC03103) — 9 SCQF Credits at SCQF level 7

Contribute to raising awareness of health issues

- Work with others to identify health issues about which awareness needs to be raised
- Assist in planning and implementing activities to raise awareness of health issues
- Evaluate with others the effectiveness of awareness raising activities

H5TK 04 (SCDHSC03104) — 9 SCQF Credits at SCQF level 7

Support the development of networks to achieve planned outcomes

- Work in partnership with people to examine support networks which can usefully be accessed and developed
- Work in partnership with people to develop support networks
- Contribute to the review of support networks

H5TL 04 (SFTM VC3) — 9 SCQF Credits at SCQF level 7

Recruit and place volunteers

- ♦ Assess with volunteers their suitability for volunteer roles
- Place volunteers in suitable roles

H5TM 04 (SFTM VD1) – 8 SCQF Credits at SCQF level 7

Plan, organise and monitor volunteering activities

- Plan volunteering activities
- Organise volunteers and other resources
- Monitor activities and make sure requirements have been met

H5TN 04 (SFTM VD2) — 9 SCQF Credits at SCQF level 7

Lead and motivate volunteers

- Inform volunteers about their activities and responsibilities
- Support volunteers during volunteering activities
- Discuss activities and exchange feedback with volunteers

H5TP 04 (LSILAD D06) — 10 SCQF Credits at SCQF level 8

Manage learning and development in groups

H5TR 04 (SCDHSC3108) — 9 SCQF Credits at SCQF level 7

Facilitate learning through presentations in health and social care settings

- Prepare to make presentations to groups
- Make presentations to groups to facilitate learning
- Set follow up exercises and activities
- Review learning through presentations

H5TS 04 (SCDHSC3110) — 9 SCQF Credits at SCQF level 7

Promote effective relationships with individuals

- Establish effective relationships between yourself and individuals
- Support others to address relationship issues
- Support individuals to move from their relationship with you
- Evaluate progress and outcomes in relationships

H5TT 04 (SCDHSC3111) — 10 SCQF Credits at SCQF level 7

Promote the rights and diversity of individuals

- Promote the individual's capacity to exercise their rights and responsibilities
- Promote a culture that values and respects diversity
- Promote the individual's rights in relation to information about themselves
- Promote confidence that the rights of individuals will be upheld in the work setting

H5TV 04 (SCDHSC3112) — 10 SCQF Credits at SCQF level 7

Support individuals to manage their own health and social wellbeing

- Support individuals to identify changes that can promote their health and social wellbeing
- Support individuals to design personalised options for making changes to promote their health and social wellbeing
- Support individuals to review their selected options

H5TW 04 (SCDHSC3115) — 8 SCQF Credits at SCQF level 7

Process information for use in decision-making

- Process information to be used for decision-making
- Use information to make decisions about actions to be taken
- Follow policies and procedures for recording, storing and sharing information

H5TX 04 (SCDHSC3120) — 9 SCQF Credits at SCQF level 7

Assess performance in health and social care services

- ♦ Prepare to assess team members' performance
- ♦ Assess team members' performance
- Give team members feedback on your assessment and their performance

H5TY 04 (SCDHSC3121) — 9 SCQF Credits at SCQF level 7

Promote the effectiveness of teams

- Contribute to developing effective team practice
- Support team members to participate fully in team activities
- Work within the team to promote its effectiveness

H5V0 04 (SCDHSC3122) — 9 SCQF Credits at SCQF level 7 Support individuals to use medication in social care settings

- Promote the rights of individuals when using medication
- Support individuals to implement safe practices when receiving, storing and disposing of medication supplies
- Prepare for the use of medication
- Support individuals to use medication

H5V1 04 (SCDHSC3123) — 9 SCQF Credits at SCQF level 7 Manage your relationship as an employee of the individual you support

- Develop your understanding of self-directed support
- Clarify rights and responsibilities within self-directed support
- Establish shared understanding on ways of working
- Work as an employee of the individual
- Review your working relationship as an employee of the individual

H5V2 04 (and SFJ BB2) — 8 SCQF Credits at SCQF level 7 Model pro-social behaviour when working with individuals

- ♦ Model pro-social behaviour in establishing working relationships
- ♦ Maintain effective relationships which reinforce pro-social behaviour

H5V3 04 (SFH AF1) — 9 SCQF Credits at SCQF level 7 Carry out screening and referral assessment

H5V4 04 (SFH AF2) — 10 SCQF Credits at SCQF level 8 Carry out assessment to identify and prioritise needs

H5V6 04 (SFH AF3) — 10 SCQF Credits at SCQF level 7 Carry out comprehensive substance misuse assessment

H5V7 04 (SFH Al2) — 10 SCQF Credits at SCQF level 7
Help individuals address their substance use through an action plan

H5V8 04 (SFH AB5) — 9 SCQF Credits at SCQF level 7

Assess and act upon immediate risk of danger to substance users

DK89 04 (SFH GEN21) — 8 SCQF Credits at SCQF level 6

Interact with individuals using telecommunications

H5VD 04 (SFH Al1) — 10 SCQF Credits at SCQF level 7

Counsel individuals about their substance use using recognised theoretical models

H5VE 04 (SFH Al3) — 10 SCQF Credits at SCQF level 8

Counsel groups of individuals about their substance use using recognised theoretical models

DK3M 04 (SFH CHS17) — 8 SCQF Credits at SCQF level 7

Carry out extended feeding techniques to ensure individuals nutritional and fluid intake

FP8N 04 (SFH CHS19) — 8 SCQF Credits at SCQF level 6

Undertake routine clinical measurements

DK9V 04 (SFH CHS6) — 8 SCQF Credits at SCQF level 6

Move and position individuals

H5VF 04 (SFH AA1) — 9 SCQF Credits at SCQF level 7

Recognise indications of substance misuse and refer individuals to specialists

H5VG 04 (SFH AE1) — 8 SCQF Credits at SCQF level 7

Test for substance use

H5VH 04 (SFHM H18) — 9 SCQF Credits at SCQF level 8

Identify the physical health needs of individuals with mental health needs

H5VJ 04 (SFH AD1) — 10 SCQF Credits at SCQF level 7

Raise awareness about substances, their use and effects

H5VK 04 (SFH CHS35) — 9 SCQF Credits at SCQF level 7

Provide first aid to an individual needing emergency assistance

DK2X 04 (SFH CHS3) — 8 SCQF Credits at SCQF level 6 Administer medication to individuals

FP14 04 (SFH CHS27) — 8 SCQF Credits at SCQF level 7
Encourage and support individuals undergoing dialysis therapy

FP8D 04 (SFHC HS8) — 8 SCQF Credits at SCQF level 7
Insert and secure urethral catheters and monitor and respond to the effects of urethral catheterisation

H5VL 04 (SFH AB2) — 10 SCQF Credits at SCQF level 7 Support individuals who are substance users

H5VM 04 (SFH AH3) — 8 SCQF Credits at SCQF level 7 Supply and exchange injecting equipment for individuals

H5VN 04 (SFH AH7) — 10 SCQF Credits at SCQF level 7 Support individuals through detoxification programmes

H5VP 04 (SFH AB7) — 9 SCQF Credits at SCQF level 7
Provide services to those affected by someone else's substance use

H5VR 04 (SFHM H13) — 8 SCQF Credits at SCQF level 8
Work with families, carers and individuals during times of crisis

DL00 04 (SFH CHS132) — 8 SCQF Credits at SCQF level 7 Obtain venous blood samples

FN85 04 (SFH GEN6) — 10 SCQF Credits at SCQF level 6

Manage environments and resources for use during healthcare activities

FP8F 04 (SFH CHS4) — 8 SCQF Credits at SCQF level 7 Undertake tissue viability risk assessment for individuals

H5LG 04 (CD CCLD0303) — 11 SCQF Credits at SCQF level 7

Promote the development of children and young people

- Observe the holistic development of children and young people
- Assess the development of children and young people
- Plan provision to promote the learning and development of children and young people
- Implement and evaluate plans to promote learning and development
- Evaluate plans to promote learning and development

H5MB 04 (SCD CCLD0334) — 9 SCQF Credits at SCQF level 7

Deliver services to families, children and young people from diverse cultural and language communities

- Work with families to assess cultural and communication requirements
- Maintain communication to support service delivery
- Monitor communication and support to ensure the needs of children and families continue to be met

H5N9 04 (SCD CPC309) — 8 SCQF Credits at SCQF level 7

Support individuals, families and communities to commission their own services

- Provide information about planning and directing services and support
- Support individuals, families and communities to plan their own services
- Contribute to evaluating individuals, families and communities commissioning their own services and support

For further information on this qualification, please contact:

SQA Care

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